



# ASSOCIATION OF NUTRITION & DETOX COACHING

# CERTIFICATE

This is to certify that

## HANNA BOROWSKA

has successfully completed the Holistic Nutrition and Detox Coaching course and studied:  
Fundamentals of Dietology, Nutrition, Introduction to Nutritiology. Theory of Detoxification.  
Programs of Detox Nutrition. Anti-sugar detox. Nutrition Healing detox. Functional diets.

Fundamentals of the psychology of eating behavior.  
Has visited 200 hours of lessons.

## DETOX COACH

### Level I



NATA GONCHAR

Founder and Director

30.07.2019



Certificate No 15072017-VIII-234



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This is to certify that

## HANNA BOROWSKA

has successfully completed the Holistic Nutrition and Detox Coaching course and studied:  
Nutritionology. Basics of Biochemistry. The Leaky Gut Detox, 4R program. Elimination Diet, FODmap  
Diet. Anticandida and Antiparasitic Detox. Dietary correction and Detox of Gastrointestinal Diseases.  
Has visited 200 hours of lessons

**NUTRITIONIST  
Level II**



**NATA GONCHAR**

Founder and Director

30.07.2019



Certificate No **15072017-VIII-492**



# ASSOCIATION OF NUTRITION & DETOX COACHING

# **CERTIFICATE**

This is to certify that

# **HANNA BOROWSKA**

has successfully completed the Holistic Nutrition and Detox Coaching course and studied: Nutritional and Detox support for hormonal health. Detox Strategies for the correction of autoimmune diseases.

Anti-Age Detox. Basics of Tibetan medicine. Introduction to Aromatherapy and Phytotherapy. Introduction to Ayurveda. Anti-stress Detox. Heavy metal Detox. Has visited 250 hours of lessons

## **NATUROPATH**

### **Level III**



**NATA GONCHAR**

Founder and Director

30.07.2019



Certificate No **15072017-VIII-575**